

Help!
Ek is 'n ouer!

**Ouerskap is nie
kinderspeletjies
nie.....**

Beste Ouers

Doeltreffende Ouerskap Leiding

Ons is baie opgewonde om Doeltreffende Ouerskap Leiding (DOL) te verwelkom by Laerskool Gene Louw. DOL bied praktiese kommunikasie en konflik hanteringsvaardighede aan vir kwaliteit verhoudings tussen ouers en kinders.

Wanneer ouers hierdie vaardighede gebruik, is hulle verstom oor die dramatiese verbetering, nie net in hulle eie gesinsverhoudinge nie, maar ook in al hulle ander verhoudings.

DOL is gebaseer op die werk van Dr Thomas Gordon (drie keer genomineer vir 'n Nobel Vredesprys). Miljoene ouers in 47 lande wereld wyd is reeds die afgelope 50 jaar opgelei in DOL. Hierdie program is hersien en opgedateer met nuwe relevante inligting en voorbeelde vir al die uitdagings van die moderne ouer.

Wat sal jy leer in hierdie program?

DOL leer praktiese kommunikasie vaardighede om:

- Te luister dat jou kind voel hy word verstaan
- Te praat sodat jou kind na jou sal luister
- Konflik so te hanteer sodat almal in die gesin wen

- Waardebotsings te hanteer

Wie is die Fasiliteerder?

Karen Badenhorst is 'n Maatskaplike werker wat hierdie vaardighede reeds toepas vir 20 jaar en 'n DOL instrukteur is vir 8 jaar. Sy het drie kinders (24, 22 en 7!) en is passievol oor verhoudings tussen ouer en kind. Sy fokus daarop om 'n ruimte te skep waarbinne ouers en kinders hulle volle menswees potensiaal kan bereik, waar emosionele intelligensie baie belangriker is as IK.

U word hartlik uitgenooi na 'n gratis praatjie oor:

Die Taal van Aanvaarding

- **Hoe hanteer ek al die emosies in ons huis?**
- **Hoe maak ek emosioneel intelligente kinders groot?**

Bespreek asb u plek: (karen@parents.co.za)

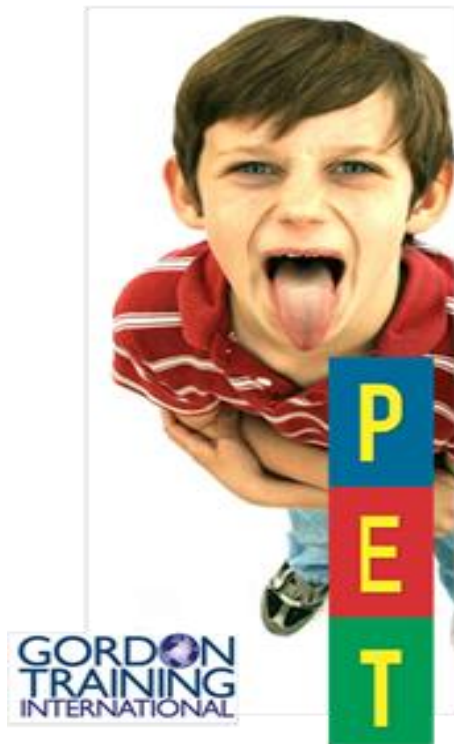
Woensdag aand 22 Junie 2016, 18:30 – 20:00 by Laerskool Gene Louw.

Tulip straat, Amanda Glen

Besoek gerus: www.parents.co.za

Hoop om jou daar te sien!

Jou beste belegging: Verhoudings!



**Ever wish
they came
with an
Instruction
Manual?
They Do!**

Dear Parents

Parent Effectiveness Training

We are proud to announce that Gene Louw Primary School supports Parent Effectiveness Training (PET). PET offers essential communication and conflict resolution skills for high quality relationships with children.

When parents use these skills, they are amazed at the dramatic improvements not only in their own families, but in all their relationships.

PET is based on the work of Dr Thomas Gordon (three-time Nobel Peace Prize nominee). Millions of parents over the world have been trained for more than 50 years in PET. This program has been revised and updated with new content and examples that address the problems, issues and concerns of today's parents.

What will you learn in this program?

PET teaches parents practical communication skills to:

- **Talk the Language of acceptance**
- **Talk so that your children listen to you**
- **Manage conflict so that no one loses**
- **Handle value collision**

Who is the facilitator?

Karen Badenhorst is a Social Worker that has practised the skills of PET for 20 years and is a PET Instructor for 8 years. She has three children (24, 22 and 7!) and is passionate about the relationship between parent and child. She focuses on creating an environment in which children can reach their full potential and where EQ is more important than IQ.

You are invited to attend a FREE talk on:

The Language of Acceptance

- How to handle all the emotions in our homes
- How to raise emotional intelligent children

Please book your place (karen@parents.co.za)

Wednesday 22 June 2016, 18:30 – 20:00 at Gene Louw Primary School.

Visit: www.parents.co.za

We hope to see you there!

Invest in your relationship with your children!