



Verw. : Top 6 Atletiekbyeenkoms
Dept. : Sport
Kontak : Mnr. H. Human
Datum : 07 Januarie 2019

“Top 6” Atletiekbyeenkoms – 9, 10 en 11 Januarie 2019

Ons kyk weer na die top 6 atlete, van elke Interhuis-item, aangesien sommige leerders eers later ontwikkel, gedurende die Desembervakansie. Dit help met die finale samestelling van die atletiekspan.

Die doel van die “Top 6” Atletiekbyeenkoms:

- Dit is die finale rondte, van die sifting van die skool se atletiekspan, vir die seisoen wat voorlê.
- Om genoeg oefentyd te verseker, voordat die finale span gekies word.
- Om vir atlete wat ontwikkel het gedurende Desember 'n regverdigde kans te gee.
- Te verseker dat beseerde atlete, tydens die Interhuis Atletiekbyeenkoms, wel in aanmerking kan kom vir seleksie.
- Om atlete wat gedurende die Interhuis Atletiekbyeenkoms aan ander skoolverwante sportsoorte deelgeneem het, 'n kans te gun.
- Dit sal ook dien as finale sifting vir nuwe leerders wat ingeskryf word.
- Om die regte items per ouderdomsgroep vir die jaar te finaliseer.

“Top 6” Athletics Meeting – 9, 10 and 11 January 2019

Once again, we consider the top 6 athletes, from all Interhouse events, as some learners develop later, over the December holiday. This assists with the final selection of our athletics team.

The aim of the “Top 6” Athletics Meeting:

- This is the final selection round for the school's athletics team for the season ahead.
- To ensure ample practise time before the final team is chosen.
- To allow athletes who have developed in the December holiday, a fair chance.
- To ensure that those athletes who suffered injury during the Inter-House Athletics Meeting are taken into consideration.
- To allow athletes who were participating in other school related sport, during the Inter-House Athletics Meeting, an opportunity.
- This will also serve as the final selection for new learners who have enrolled at our school.
- To finalise the correct items per age group, for the year.

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